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June 24

## Headteacher's newsletter

Dear Parent,

With high temperatures expected over the next few weeks of this term, I want us to work together to ensure that we can all enjoy the sun safely.

The sun's rays are particularly strong over the summer, and they can damage children's skin. This may not seem like a problem right now, but it can lead to skin cancer in later life.

Your child's health and wellbeing are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection.
- Encourage children to wear hats and light uniform tops when outside.
- Encourage pupils to use at least SPF 15 sunscreen.
- Encourage the children to take shade breaks.
- Ensure children are drinking water 'little and often'.

You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a wide-brimmed hat.
- Ensuring you apply sun cream before your children come to school.
- If necessary, giving sunscreen permission to allow the school to provide the school sun cream for them to self-administer (which they will be supervised undertaking).
- Providing your child with a suitable water bottle which can be easily refilled.
- Reading our Sun Screen Policy

Sincerely,

**Co-Heads**

### How to enjoy the sun safely



#### Find shade

Take a break under trees, umbrellas or head indoors



#### Cover up

Wear a loose, long-sleeved top with a hat and sunglasses



#### Use sunscreen

On bits that aren't covered up. Use plenty with at least SPF 15 and a 4 or 5 star rating

Co-Head Teacher: Ken Johnson  
Co-Head Teacher: Leona Baffour

